



AKASHIC RECORDS READINGS

The **Akashic Records** are the record of everything that has ever happened as well as the possibilities for the future. Every entity and soul has their own record - people, animals, even the earth herself. The Records are sometimes compared to an unlimited computer system which has recorded everything that has ever happened in the universe from the beginning of time. At this point in time we can barely imagine the unlimited potential of computers. The capacity of the Records is considerably greater than this.

The Records are referred to in virtually every ancient teaching. The Records have been accessed by Edgar Cayce, Nostradamus and others throughout time. The insights and guidance you receive will assist you in resolving current challenges and allow you to gain clarity for your personal and spiritual growth.

The information given is unbiased and contains no judgment. It is a reflection of events, thoughts and intentions.

The **Reading** is a dialogue. This is the opportunity for you to ask questions about your life, your purpose, your work and relationships and much more. All information that is revealed to you is for your information. What you choose to do with the information is your responsibility.

Occasionally information will not be given if it is not timely, if it is blocked or if revealing it at this time is not in your best interests. This is determined by your soul and the Masters of the Records. The same is true if you have questions about another person. That information is given only with full respect and if it is in both of your highest good to know.

It is not necessary for you to be present in person for me to access your records. These readings can be done in person or by phone. I do need your permission and your full name.

Phone or e-mail to set up an appointment.

B. Grace Rasmussen
Grace Insight
(519) 836 – 9229
grace@graceinsight.com
www.graceinsight.com



SAMPLE QUESTIONS FOR AN AKASHIC RECORDS READING

- What do I need to release within myself in order to attract positive experiences into my life?
- What pattern in my life or lifetimes is blocking me from moving forward in my life right now?
- What needs healing within me right now?
- Which direction in my spiritual growth would my Soul like to see me progress to at this time?
- What do I need to look at in order to deepen the relationship with my spouse, child, mother, father, companion, or co-worker?
- What can I do to stay connected spiritually every moment of the day?
- What have been my primary challenges in this life or my main issue? What is the emotion or lesson tied to this situation?
- What is my ego connection to this challenge?
- What does my Soul want to tell me about myself right now?
- What is the strongest pattern within me that prevents me from accomplishing certain things in my life? What are the patterns of personal sabotage in my life?
- What does my Soul want me to focus on for further growth within myself?

These are sample questions you may choose from for your consultation. Feel free to ask a different question. ***These are your Akashic Records***